

Obstructive Sleep Apnea

Your medical provider has referred you to the UF Health Sleep Center. Please contact the Sleep Center at (352) 265-5240 to schedule your appointment

Address

UF Health Sleep Center
4740 NW 39th PL Ste C
Gainesville, FL 32606

Obstructive sleep apnea is estimated to affect 1-5% of children; however, it is often undiagnosed.



Symptoms

Snoring	Dry mouth
Gasping, choking	Restless sleep
Poor concentration	Kicking during sleep
Poor school performance	Impulsive behavior

Causes

Enlarged tonsils/adenoids
Overweight
Craniofacial abnormality
Unconscious upper airway relaxation during sleep (cannot be controlled by the patient)



Scan for more information:

