

Approach to Pediatric Obesity

A Virtual Lecture Series for Pediatric Primary and Specialty Care Providers

Upcoming Lectures | 12:30 – 1 p.m.

First Wednesday of every month, PRIOR to primary care lecture series. *Same Zoom link.*

Featuring Angelina Bernier, MD

Medical Director, UF Pediatric and Obesity Clinic

Assistant Professor, UF Department of Pediatrics, Division of Endocrinology

[Click here for Zoom link](#)



Angelina Bernier, MD



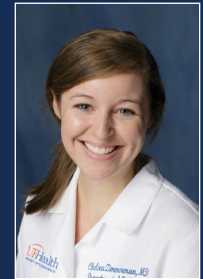
Michael Tan, RD



Heather Vincent, PhD



Sarah Westen, PhD



Chelsea Zimmerman, MD

- **FEBRUARY 3** – Approach to Pediatric Obesity, Dr. Angelina Bernier
- **MARCH 3** – Fitness Assessment and SMART Goals, Heather Vincent, PhD (Director, UF Health Sports and Performance Center)
- **APRIL 7** – Focus on Fiber, Michael Tan, RD
- **MAY 5** – Genetic Testing Process for EMO, Dr. Angelina Bernier
- **JUNE 2** – When to Consider Weight Loss Medications, Helpful Protocols, Dr. Chelsea Zimmerman (Peds Endo fellow)
- **JULY 7** – Mental Health Screening and Effective Counseling Techniques, Sarah Westen, PhD (Director, Diabetes Behavior Med and Psych)