

Approach to Pediatric Obesity

A Virtual Lecture Series for Pediatric Primary and Specialty Care Providers

Upcoming Lectures | 12:30 – 1 p.m.

First Wednesday of every month, PRIOR to primary care lecture series. *Same Zoom link.*

Featuring Angelina Bernier, MD

Medical Director, UF Pediatric and Obesity Clinic

Assistant Professor, UF Department of Pediatrics, Division of Endocrinology

tinyurl.com/zot5qj69



Sarah Westen, PhD



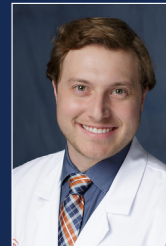
Moiz Mustafa, MD



Angelina Bernier, MD



Amy Aponick, RD



Tim Foster, MD



Michelle Cardel, PhD, RD

- **AUGUST 4** – **Mental Health Surveillance and Counseling Among Patients with Obesity**, Sarah Westen, PhD (Director, Diabetes Behavior Med and Psych)
- **SEPTEMBER 1** – **Adolescent Obesity Indication for Bariatric Surgery**, Dr. Moiz Mustafa
- **OCTOBER 6** – **Irregular Menses and PCOS**, Dr. Angelina Bernier
- **NOVEMBER 3** – **The Macro and Micro of Nutrition**, Amy Aponick, MPH, RDN, LDN, CDE (Dietitian and Diabetes Educator)
- **DECEMBER 1** – **Insulin Resistance & Prediabetes — Metformin Titration Practical Tips**, Dr. Tim Foster
- **JANUARY 5** – **Intermittent Fasting**, Michelle Cardel, PhD, MS, RD, FTOS (Associate Director, Center for Integrative Cardiovascular and Metabolic Disease/Director, Global Clinical Research & Nutrition, WW International, Inc.)