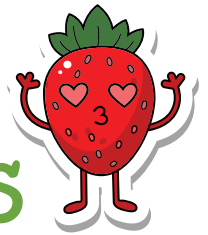
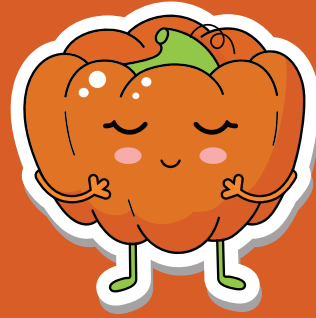


The Benefits of Fruits and Vegetables



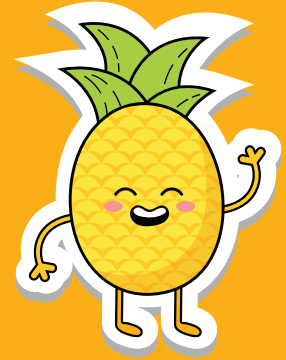
Red

Improves heart and blood health and supports joints



Orange

Prevents cancer and helps promote collagen growth



Yellow

Helps your heart, vision, digestion and immune system



Green

Powerful detoxers, fights free radicals, improves immune system



Blue/Purple

Improves mineral absorption and is a powerful antioxidant



White

Activates our natural killer cells and reduces cancer risk